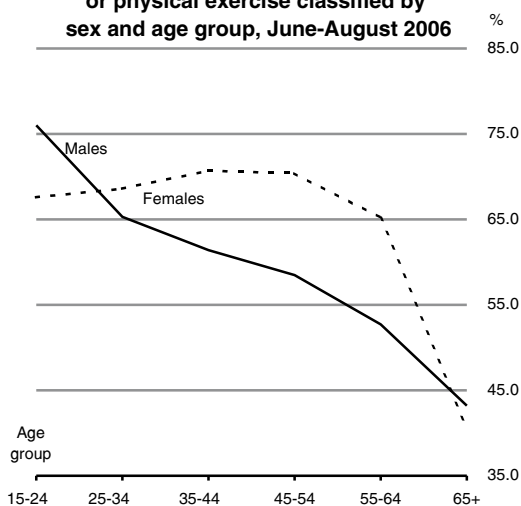




Persons who participated in sports
or physical exercise classified by
sex and age group, June-August 2006



Quarterly National Household Survey

Sport and Physical Exercise

Quarter 3 2006

Participation in sport and physical exercise at almost 63%

In the third quarter of 2006 62.8% of persons aged 15 years and over reported that they had participated in physical activities for exercise, recreation or sport in the previous twelve months. At a regional level the Mid-East (66.5%) reported the highest percentage of participation in sport or physical exercise, while the Border region (56.8%) had the lowest rate. *See table 1.*

While 66.6% of persons at work engaged in sports and physical exercise, the corresponding figure for unemployed persons was 55.9%. Over fifty percent of retired persons, 54.0% of those involved in home duties and 77.5% of students reported that they participated in some form of leisure time physical exercise. *See table 1.*

Persons with a poor health status reported a participation rate in sports or exercise of 15.1% while those with an excellent health status had a rate of 75.5%. Persons with a disability had a participation rate of 38.1% while those without a disability had a rate of 66.9%. *See table 1.*

These results are based on the Sport and Physical Exercise module, which was included in the Quarterly National Household Survey (QNHS) in the third quarter of 2006.

Overall female participation (64.4%) in physical exercise or sports was slightly higher than male participation (61.3%). Dublin was the only region where males (68.5%) had a higher rate of participation than females (63.7%). Males (65.8%) in urban locations had a higher participation rate than females (63.8%). *See table 1.*

As age increased broad participation rates dropped from 71.9% in the 15-24 year age group to 41.8% in the 65 years and over age group. Male participation fell in each rising age group from 76.0% in the 15-24 year age group to 43.2% for those aged 65 years and over. While the female rate of participation increased from 67.6% in the 15-24 year age group to a high of 70.7% in the 35-44 year age group, it then dropped to 40.6% in the 65 and over age group. *See table 1 and graph opposite.*

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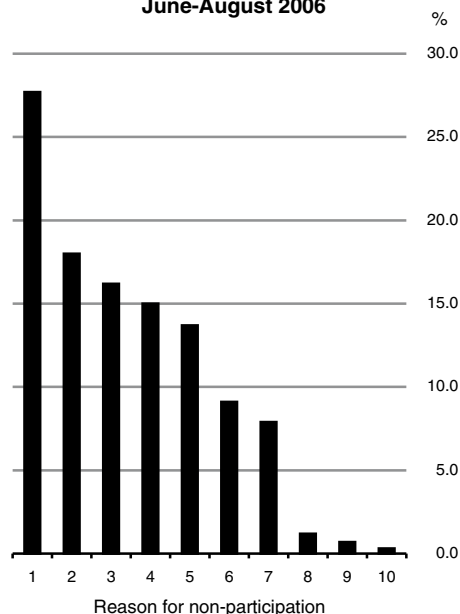
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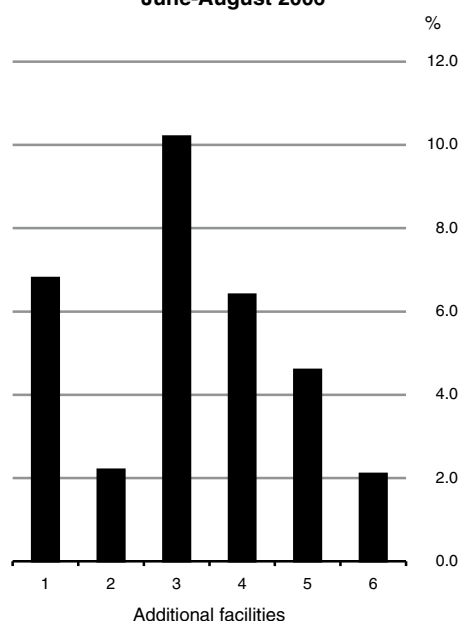
Inactive persons classified by reason for non-participation in sports or physical exercise, June-August 2006



KEY

- 1- Lack of time due to work commitments
- 2- Lack of motivation
- 3- Never participated
- 4- Disability, illness or injury
- 5- Age
- 6- Lack of time due to caring commitments
- 7- Other
- 8- Lack of facilities or accessibility
- 9- Prohibitive costs
- 10- Lack of transport

Additional facilities to encourage inactive persons to participate in sports or physical exercise, June-August 2006



KEY

- 1- Public walkways
- 2- Long distance cycle-ways
- 3- Swimming pool
- 4- Gym or fitness centre
- 5- Community sports centre
- 6- Other

Work commitments most common reason for non-participation in exercise and sport

Overall a lack of time due to work commitments (27.7%) was the most common reason given by those who did not participate in physical exercise or sport in the previous twelve months. This was more the case for males (36.8%) than for females (18.0%). Lack of motivation was the most common reason for non-participation for females (18.5%), the 15-24 year age group (35.4%), the unemployed (36.7%) and students (39.0%). See table 2 and graph opposite.

While disability, illness or injury was a reason for non-participation given by 15.0% of all respondents, the figure was 49.8% for those described as having a fair health status and 71.1% of respondents with a poor health status. Almost 54% of persons with a disability stated that disability, illness or injury was a reason for inactivity, whereas a lack of motivation and lack of time due to work commitments were reasons for 7.4% and 4.6% respectively. See table 2.

Additional facilities would not promote participation in exercise or sport for almost 74% of inactive persons

For 73.9% of all inactive persons additional facilities would not encourage participation in sport or physical exercise. Swimming pools (10.2%), public walkways (6.8%) and gym or fitness centres (6.4%) were the most commonly cited facilities that might facilitate participation in sport or physical exercise for inactive persons. See table 3a and graph opposite.

Active persons also listed swimming pools (20.6%), public walkways (16.4%) and gym or fitness centres (13.1%), as the three most common facilities to encourage increased participation in sport or physical exercise. See table 3b.

For both inactive and active persons in age group 55-64 the addition of public walkways was the most common additional facility reported (9.0% and 21.5% respectively). The same was true for the 65 and over age group with 5.9% of inactive persons and 20.3% of active persons choosing public walkways. See tables 3a and 3b.

Walking main exercise activity of active persons at over 39%

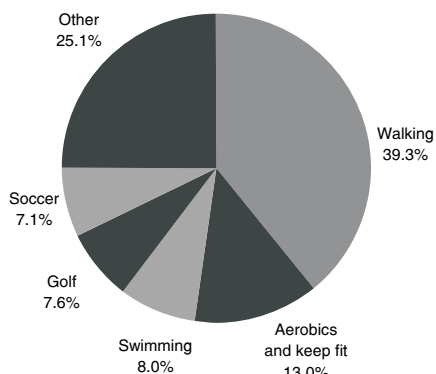
Walking (39.3%) was the main physical activity which active persons participated in most frequently for exercise, recreation or sport. Aerobics and keep fit was the second most popular activity (13.0%) while swimming accounted for 8.0%. Golf (7.6%) and soccer (7.1%) completed the top five main activities (between them accounting for 75.0% of all active persons). See table 4 and graph on next page.

Across all regions walking, aerobics and keep fit were the most popular main activities. At a regional level in the West (9.7%), Mid-West (9.3%), South-East (8.1%) and South-West (7.3%) swimming was the next most popular activity. In the Mid-East (10.2%) and Midland (8.1%) it was golf, while in Dublin (9.6%) it was soccer and in the Border (9.4%) it was gaelic football. See table 4.

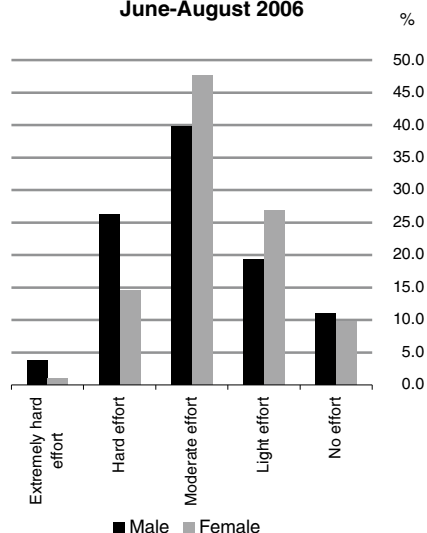
Male and female participation was markedly different with 22.8% of active males listing walking as the main activity while the figure was 54.8% for active females. For males soccer (14.0%) and golf (12.7%) were the next most popular, while for females it was aerobics and keep fit (16.1%) and swimming (10.2%). See table 4.

Age groups showed different exercise activity preferences with walking increasing as the main physical exercise from 15.8% in 15-24 year age group to 67.0% in the 65 and over age group. Golf also increased from 2.3% in the 15-24 year age group to 13.8% in the 55-64 year age group. Gaelic football was the most popular sport among 15-24 year olds at 16.2% but this dropped to 6.0% in the 25-34 year age group. See table 4.

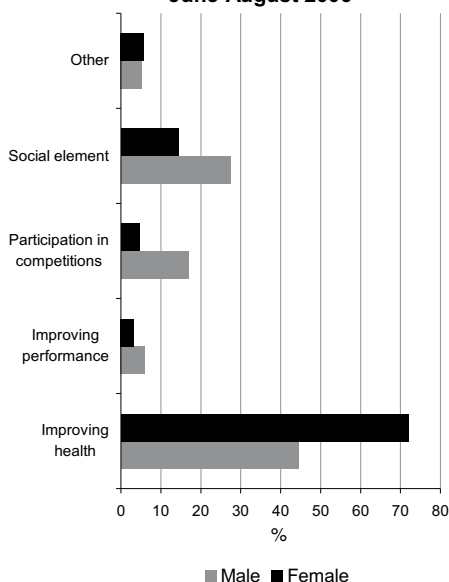
Active persons classified by main sport or physical exercise, June-August 2006



Intensity of any sport or physical exercise with session length 30 minutes or more classified by sex, June-August 2006



Active persons classified by motivation to participate in sport or physical exercise and by sex, June-August 2006



Overall 69.1% of persons participated in their main sport or physical exercise in an informal capacity, while the corresponding figures for non-competitive and competitive were 15.5% and 15.4% respectively. Gaelic football (23.0%), golf (20.6%) and soccer (17.1%) accounted for a large percentage of those participating in a competitive capacity. *See table 4.*

Over 22% of active persons exercise at least five times a week

Over a four week period 22.6% of active persons reported that they had participated in physical exercise or sports activities five or more times per week. At an overall level those who participated once or twice per week had the largest percentage (35.3%). Male participation frequency was highest for the once or twice per week category (40.3%) while females had the highest figure for participation frequency of three or four times per week (34.2%). *See table 5a.*

In terms of duration per session 46.0% of active persons engaged in exercise or sport for at least sixty minutes, and a further 42.6% exercised for between thirty to sixty minutes duration in each session. While 60.9% of active males had session times of sixty minutes or more, the figure for females was 31.9%. *See table 5a.*

By limiting session lengths to a minimum of thirty minutes, classifying participation by intensity, revealed that most active males had moderate intensity sessions of exercise (39.8%). For females moderate intensity sessions were also most common (47.7%). *See table 5b and graph opposite.*

Improving health main motivator for those participating in physical exercise and sport

The motivation to exercise and participate in sporting activities was mainly related to improving health (58.6%), with a social element proving the second most common reason (20.7%). Health improvement motivated 44.4% of active males to participate, while the social element was the main motivator for 27.3%. Active females listed improving health as the main motivating factor in 71.9% of cases while the social element was listed in 14.5%. Participation in competitions motivated 17.0% of males to participate in physical exercise or sport, while the comparable figure for females was 4.6%. *See table 6 and graph below.*

The primary motivator for those participating in informal (72.8%) and non-competitive (41.9%) capacities was health. The main motivator for those participating at a competitive level was competitions (49.9%). *See table 6.*

Physical exercise and sport occurs in public places most often

Active persons participated in their main sport or exercise activity most frequently in public places such as in parks, on paths or along roads (47.2%). Sports clubs (24.1%) and gyms (14.8%) were ranked second and third most popular places among active persons. *See table 7.*

Males ranked sports clubs as their most frequently used exercise location (39.5%), as did those aged 15-24 years (38.9%). Except for public places (58.9%), females used gyms (17.3%) more often than any other location. Those who participated competitively in their main sport used sports clubs most often (78.0%) and non-competitive participants also reported sports clubs (43.4%) as their main location of participation. Informal participants used public places most often at 65.2%. *See table 7.*

Table 1 Profile of population and persons aged 15 years and over who participated in sport or physical exercise in the previous 12 months, June-August 2006

	Population			Active persons					
	All persons	Male	Female	All persons		Male		Female	
	'000	'000	'000	'000	%	'000	%	'000	%
State	3,398.4	1,686.5	1,711.9	2,135.8	62.8	1,034.0	61.3	1,101.8	64.4
Region									
Border	369.4	185.6	183.8	210.0	56.8	101.1	54.5	108.8	59.2
Midland	198.0	100.9	97.0	118.1	59.7	56.6	56.0	61.6	63.5
West	336.4	167.9	168.5	204.8	60.9	92.3	54.9	112.6	66.8
Dublin	969.7	469.5	500.2	640.6	66.1	321.8	68.5	318.8	63.7
Mid-East	365.6	182.5	183.1	243.3	66.5	117.2	64.2	126.1	68.9
Mid-West	287.4	144.6	142.8	179.8	62.5	86.0	59.5	93.7	65.6
South-East	369.3	185.6	183.7	228.0	61.7	111.9	60.3	116.1	63.2
South-West	502.6	249.8	252.8	311.2	61.9	147.1	58.9	164.1	64.9
Urban or rural location									
Urban areas	2,074.1	1,007.3	1,066.8	1,342.8	64.7	662.6	65.8	680.1	63.8
Rural areas	1,324.4	679.2	645.2	793.0	59.9	371.4	54.7	421.6	65.3
Age group									
15-24	642.2	325.8	316.3	461.6	71.9	247.7	76.0	213.9	67.6
25-34	732.7	372.6	360.1	490.4	66.9	243.5	65.3	247.0	68.6
35-44	616.0	310.2	305.8	406.7	66.0	190.4	61.4	216.3	70.7
45-54	521.7	261.1	260.6	336.2	64.4	152.6	58.5	183.6	70.4
55-64	412.3	207.2	205.1	242.9	58.9	109.1	52.7	133.8	65.2
65+	473.6	209.6	264.0	197.9	41.8	90.6	43.2	107.3	40.6
Highest education level attained									
Primary or below	726.4	370.9	355.4	309.7	42.6	152.8	41.2	156.9	44.1
Lower secondary	656.1	352.1	303.9	398.4	60.7	208.3	59.2	190.1	62.5
Higher secondary	835.4	400.3	435.0	560.8	67.1	269.1	67.2	291.8	67.1
Post leaving cert	298.0	151.2	146.8	192.5	64.6	89.6	59.2	102.9	70.1
Third level non degree	294.0	124.4	169.6	218.8	74.4	91.2	73.3	127.6	75.2
Third level degree or above	531.8	255.4	276.5	426.3	80.2	207.5	81.3	218.8	79.1
Other	56.8	32.1	24.7	29.2	51.4	15.5	48.2	13.8	55.6
Principal Economic Status									
At work	1,977.8	1,148.8	829.0	1,317.7	66.6	721.5	62.8	596.2	71.9
Unemployed	120.7	80.0	40.6	67.4	55.9	42.9	53.6	24.5	60.2
Student	348.0	161.6	186.3	269.6	77.5	135.9	84.1	133.7	71.8
Home duties	532.4	4.6	527.8	287.3	54.0	2.9	63.9	284.4	53.9
Retired	299.3	217.3	82.1	151.3	50.6	105.6	48.6	45.7	55.7
Others	120.3	74.1	46.2	42.5	35.3	25.2	34.0	17.3	37.4
Marital status									
Single	1,423.6	762.7	661.0	940.5	66.1	500.9	65.7	439.7	66.5
Married	1,659.9	841.9	818.0	1,049.8	63.2	496.2	58.9	553.6	67.7
Separated or divorced	123.8	44.1	79.8	72.2	58.3	22.6	51.2	49.6	62.2
Widowed	191.1	37.9	153.2	73.2	38.3	14.4	38.0	58.8	38.4
Health status									
Excellent	1,009.6	521.4	488.2	761.9	75.5	390.9	75.0	371.0	76.0
Very good	1,256.4	621.5	634.9	838.0	66.7	400.2	64.4	437.8	68.9
Good	790.6	379.6	411.0	436.4	55.2	196.5	51.8	240.0	58.4
Fair	279.4	134.5	144.9	90.1	32.2	42.6	31.6	47.5	32.8
Poor ¹	62.4	29.5	32.9	9.4	15.1	3.9	13.4	5.5	16.6
Disability									
Yes	474.1	225.8	248.3	180.5	38.1	85.2	37.7	95.4	38.4
No ¹	2,924.3	1,460.7	1,463.6	1,955.2	66.9	948.8	65.0	1,006.4	68.8

¹ Includes 'Don't know and 'Not stated'.

Table 2 Inactive persons aged 15 years and over classified by reason for non-participation in sport or physical exercise in the previous 12 months, June-August 2006

'000

	Reason for non-participation in sport or physical exercise ^{1,2}					
	All inactive ² persons	Lack of time due to work commitments	Lack of time due to caring commitments	Lack of transport	Lack of facilities or accessibility	Lack of motivation
State	1,258.3	348.9	114.8	3.8	15.1	226.5
Region						
Border	159.4	46.5	15.4	*	2.2	30.0
Midland	79.8	22.2	7.2	*	1.8	10.4
West	131.5	38.3	12.3	*	1.8	25.1
Dublin	328.1	83.4	34.5	*	3.7	70.6
Mid-East	121.0	34.6	9.3	*	1.9	23.1
Mid-West	107.4	31.3	10.7	*	*	22.1
South-East	139.9	38.3	11.1	*	*	24.1
South-West	191.3	54.2	14.2	*	*	21.0
Urban or rural location						
Urban areas	727.2	179.0	73.0	2.6	7.0	145.6
Rural areas	531.1	169.9	41.8	*	8.1	80.9
Sex						
Male	650.4	239.4	20.3	*	6.4	113.8
Female	607.9	109.4	94.4	2.2	8.8	112.7
Age group						
15-24	179.2	37.3	8.8	*	4.4	63.4
25-34	240.5	100.1	39.5	*	3.2	50.5
35-44	208.4	90.3	42.2	*	2.9	36.7
45-54	185.3	71.3	14.2	*	2.0	34.0
55-64	169.3	40.7	6.6	*	1.8	28.1
65+	275.6	9.1	3.5	*	*	13.8
Highest education level attained						
Primary or below	416.2	54.0	18.5	*	3.8	52.6
Lower secondary	256.6	75.5	22.6	*	3.7	54.2
Higher secondary	273.3	92.5	33.8	*	4.3	60.1
Post leaving cert	105.2	44.7	13.7	*	*	21.4
Third level non degree	75.1	31.9	11.4	*	*	12.0
Third level degree or above	105.1	41.0	12.5	*	*	22.2
Other	26.7	9.2	2.3	*	*	3.9
Principal Economic Status						
At work	656.6	328.9	60.9	*	8.2	133.1
Unemployed	53.2	*	3.3	*	*	19.5
Student	77.8	9.4	*	*	2.3	30.4
Home duties	244.9	7.3	46.1	*	2.6	28.0
Retired	148.0	*	*	*	*	10.0
Others	77.9	*	1.8	*	*	5.5
Marital status						
Single	479.5	129.5	33.4	1.7	7.7	124.7
Married	609.4	203.0	73.1	*	6.2	86.9
Separated or divorced	51.6	13.0	6.4	*	*	9.6
Widowed	117.8	3.4	1.9	*	*	5.3
Health status						
Excellent	247.1	102.6	27.6	*	3.4	53.4
Very good	416.3	157.2	50.7	*	7.1	86.1
Good	352.7	78.9	30.3	*	3.7	70.5
Fair	189.4	9.0	5.6	*	*	15.0
Poor ³	52.9	*	*	*	*	*
Disability						
Yes	293.5	13.6	8.9	*	*	21.8
No ³	964.8	335.3	105.9	3.1	13.9	204.6

¹ Note multiple answers allowed.

² Excludes 'Don't know' and 'Not stated'.

³ Includes 'Don't know and 'Not stated'.

* Sample occurrence too small for estimation.

Table 2 (cont'd.) Inactive persons aged 15 years and over classified by reason for non-participation in sport or physical exercise in the previous 12 months, June-August 2006

'000

Reason for non-participation in sport or physical exercise ^{1,2}						
Prohibitive costs	Disability, illness or injury	Age	Other	Never participated	All inactive ² persons	
8.3	187.8	171.8	99.0	203.8	1,258.3	State
						Region
2.4	20.5	24.6	16.7	26.7	159.4	Border
*	14.0	10.5	4.9	14.4	79.8	Midland
*	21.4	18.3	10.8	12.6	131.5	West
*	54.4	33.8	23.9	63.2	328.1	Dublin
*	15.2	18.5	6.5	14.8	121.0	Mid-East
*	17.8	16.6	11.0	11.2	107.4	Mid-West
*	18.6	22.2	11.2	19.7	139.9	South-East
*	25.9	27.4	14.1	41.3	191.3	South-West
						Urban or rural location
7.3	119.3	91.7	59.8	124.4	727.2	Urban areas
*	68.5	80.1	39.2	79.4	531.1	Rural areas
						Sex
2.9	99.9	70.0	51.7	95.1	650.4	Male
5.4	87.9	101.8	47.3	108.8	607.9	Female
						Age group
1.7	10.5	*	23.5	40.2	179.2	15-24
2.7	16.0	*	21.3	35.9	240.5	25-34
1.8	19.1	*	15.0	25.8	208.4	35-44
*	26.7	4.6	13.8	31.4	185.3	45-54
*	40.8	13.3	14.2	34.9	169.3	55-64
*	74.6	152.1	11.2	35.7	275.6	65+
						Highest education level attained
2.9	102.7	124.4	24.0	72.2	416.2	Primary or below
1.8	34.6	16.0	20.6	47.9	256.6	Lower secondary
*	25.4	15.0	22.9	42.2	273.3	Higher secondary
*	9.4	4.2	7.7	13.6	105.2	Post leaving cert
*	6.2	3.6	7.4	10.1	75.1	Third level non degree
*	7.3	6.9	11.2	14.2	105.1	Third level degree or above
*	2.2	1.8	5.2	3.5	26.7	Other
						Principal Economic Status
3.1	28.6	14.4	55.2	97.8	656.6	At work
1.8	8.3	*	6.6	13.7	53.2	Unemployed
*	3.9	*	13.4	20.0	77.8	Student
2.3	44.7	75.9	13.8	46.1	244.9	Home duties
*	44.9	73.9	7.5	19.4	148.0	Retired
*	57.3	6.2	2.5	6.8	77.9	Others
						Marital status
4.3	54.8	25.1	46.5	95.7	479.5	Single
3.0	93.1	70.7	45.3	86.6	609.4	Married
*	11.5	3.7	3.2	9.1	51.6	Separated or divorced
*	28.3	72.3	4.1	12.5	117.8	Widowed
						Health status
*	2.3	3.6	23.1	51.0	247.1	Excellent
2.3	11.7	23.4	44.8	73.9	416.3	Very good
2.9	41.9	70.3	25.2	59.6	352.7	Good
*	94.3	61.5	5.3	17.1	189.4	Fair
*	37.6	13.0	*	2.2	52.9	Poor ³
						Disability
*	157.2	87.5	8.7	23.2	293.5	Yes
6.7	30.6	84.3	90.4	180.7	964.8	No ³

¹ Note multiple answers allowed.

² Excludes 'Don't know' and 'Not stated'.

³ Includes 'Don't know' and 'Not stated'.

* Sample occurrence too small for estimation.

Table 3a Inactive persons aged 15 years and over classified by additional facilities to encourage participation in sport or physical exercise in the previous 12 months, June-August 2006

'000

	All inactive ² persons	Additional facilities to encourage participation in sport or physical exercise ^{1,2}						No additional facilities
		Public walkways	Long distance cycle-ways	Swimming pool	Gym or fitness centre	Community sports centre	Other	
State	1,258.3	85.0	27.1	128.9	80.7	57.4	26.7	930.5
Region								
Border	159.4	11.5	*	10.9	7.8	6.8	5.4	117.6
Midland	79.8	6.2	2.3	7.1	5.2	2.6	*	57.5
West	131.5	10.4	5.2	14.5	14.1	5.2	1.7	93.3
Dublin	328.1	17.2	7.4	37.4	19.0	18.4	4.0	249.8
Mid-East	121.0	11.5	*	18.0	6.4	2.8	4.3	78.9
Mid-West	107.4	4.7	2.7	12.7	11.0	8.3	4.9	75.0
South-East	139.9	7.2	2.7	9.1	7.5	5.9	2.0	112.4
South-West	191.3	16.4	4.7	19.2	9.8	7.4	3.2	145.8
Urban or rural location								
Urban areas	727.2	41.0	13.2	68.0	33.0	35.9	17.3	548.4
Rural areas	531.1	44.0	13.9	60.9	47.7	21.5	9.4	382.0
Sex								
Male	650.4	35.2	13.8	60.7	40.7	28.0	13.9	487.4
Female	607.9	49.9	13.4	68.2	40.0	29.4	12.8	443.1
Age group								
15-24	179.2	7.5	4.3	23.4	18.7	11.6	3.1	123.9
25-34	240.5	13.5	5.6	32.2	22.3	12.7	6.6	163.5
35-44	208.4	18.6	8.1	33.4	18.9	15.1	6.1	136.1
45-54	185.3	13.7	4.9	20.5	12.9	8.6	4.8	133.6
55-64	169.3	15.2	2.8	12.8	5.5	5.6	2.4	131.1
65+	275.6	16.4	*	6.6	2.4	3.8	3.7	242.2
Highest education level attained								
Primary or below	416.2	24.4	4.3	23.6	12.9	14.1	7.3	341.4
Lower secondary	256.6	16.7	4.5	28.3	19.4	14.9	5.6	183.6
Higher secondary	273.3	17.0	8.3	34.7	21.5	13.0	6.5	192.5
Post leaving cert	105.2	8.5	2.5	16.3	9.0	6.1	2.5	70.7
Third level non degree	75.1	7.1	2.7	10.4	8.5	4.1	*	48.6
Third level degree or above	105.1	10.1	4.8	13.4	8.4	5.0	2.5	73.7
Other	26.7	*	*	2.2	*	*	*	19.9
Principal Economic Status								
At work	656.6	46.1	18.7	82.2	53.2	33.4	14.8	460.4
Unemployed	53.2	2.8	*	6.0	4.2	3.6	2.1	36.4
Student	77.8	3.5	2.2	10.9	7.7	5.6	*	53.0
Home duties	244.9	20.3	3.8	19.1	11.3	8.9	4.1	190.2
Retired	148.0	9.7	*	4.2	1.7	2.7	2.5	127.0
Others	77.9	2.6	*	6.5	2.5	3.2	*	63.6
Marital status								
Single	479.5	21.1	8.5	52.7	36.5	23.8	10.4	350.6
Married	609.4	53.8	17.3	69.2	39.6	28.8	13.6	436.9
Separated or divorced	51.6	3.8	*	4.7	3.3	2.7	*	38.6
Widowed	117.8	6.2	*	2.2	*	2.1	*	104.3
Disability								
Yes	293.5	15.6	2.9	18.8	8.5	8.7	5.8	241.1
No ³	964.8	69.3	24.2	110.1	72.2	48.7	20.9	689.3

¹ Note multiple answers allowed.

² Excludes 'Don't know and 'Not stated'.

³ Includes 'Don't know and 'Not stated'.

* Sample occurrence too small for estimation.

Table 3b Active persons aged 15 years and over classified by additional facilities to encourage increased participation in sport or physical exercise in the previous 12 months, June-August 2006

'000

	Additional facilities to encourage increased participation in sport or physical exercise ^{1,2}							
	All active persons	Public walkways	Long distance cycle-ways	Swimming pool	Gym or fitness centre	Community sports centre	Other	No additional facilities
State	2,135.8	351.1	153.7	439.2	279.8	199.0	85.5	1,064.7
Region								
Border	210.0	37.9	10.3	37.0	33.8	24.3	14.8	107.3
Midland	118.1	31.3	13.8	25.5	24.0	9.7	4.0	46.2
West	204.8	37.0	17.8	41.4	40.6	18.5	7.7	91.5
Dublin	640.6	87.1	53.5	123.8	60.7	59.3	19.4	357.7
Mid-East	243.3	41.8	9.4	82.0	24.3	23.5	12.6	86.3
Mid-West	179.8	22.1	11.6	36.2	33.2	18.3	10.4	81.8
South-East	228.0	32.1	10.1	31.9	26.1	21.8	6.6	131.4
South-West	311.2	61.9	27.2	61.5	37.1	23.5	10.1	162.5
Urban or rural location								
Urban areas	1,342.8	193.1	97.7	243.0	121.7	119.9	53.3	721.8
Rural areas	793.0	158.0	56.0	196.2	158.1	79.1	32.2	343.0
Sex								
Male	1,034.0	125.4	76.8	193.4	137.2	102.5	46.4	540.8
Female	1,101.8	225.7	76.8	245.8	142.6	96.5	39.1	523.9
Age group								
15-25	461.6	36.5	25.5	102.7	81.9	53.4	19.3	232.7
25-34	490.4	68.4	38.3	107.6	80.3	46.4	22.5	232.7
35-44	406.7	82.7	43.3	101.3	55.7	46.7	17.8	175.3
45-54	336.2	71.1	28.1	70.0	36.4	30.6	12.8	163.1
55-64	242.9	52.3	13.2	39.3	18.5	15.6	8.1	132.1
65+	197.9	40.2	5.2	18.3	6.9	6.4	5.0	128.8
Highest education level attained								
Primary or below	309.7	53.1	14.1	50.2	29.2	28.3	9.2	173.9
Lower secondary	398.4	59.5	23.1	84.8	59.9	42.9	12.8	195.3
Higher secondary	560.8	81.6	35.2	110.5	81.1	51.3	23.4	284.3
Post leaving cert	192.5	33.8	12.6	42.5	23.0	18.2	8.8	94.7
Third level non degree	218.8	43.6	18.5	52.3	33.3	21.3	11.6	99.1
Third level degree or above	426.3	76.3	48.4	94.9	51.0	35.9	18.1	200.0
Other	29.2	3.2	1.7	4.0	2.3	*	*	17.4
Principal Economic Status								
At work	1,317.7	213.9	106.6	282.4	186.5	121.1	56.0	635.7
Unemployed	67.4	10.2	4.9	14.0	11.3	8.7	2.9	33.1
Student	269.6	21.4	18.4	63.6	45.2	36.0	12.0	131.4
Home duties	287.3	66.5	14.9	55.2	25.7	24.5	9.2	147.4
Retired	151.3	31.4	6.3	16.8	6.7	5.7	4.1	93.6
Others	42.5	7.7	2.7	7.2	4.5	3.0	*	23.6
Marital status								
Single	940.5	101.4	64.3	193.5	147.4	91.9	38.3	479.1
Married	1,049.8	221.1	82.5	222.9	122.0	96.6	43.3	504.0
Separated or divorced	72.2	14.2	4.9	15.2	7.9	7.8	2.3	34.5
Widowed	73.2	14.4	1.9	7.6	2.5	2.6	*	47.1
Disability								
Yes	180.5	33.5	11.0	33.6	15.6	13.1	6.8	101.2
No ³	1,955.2	317.6	142.7	405.6	264.3	185.9	78.7	963.5

¹ Note multiple answers allowed.

² Excludes 'Don't know and 'Not stated'.

³ Includes 'Don't know and 'Not stated'.

* Sample occurrence too small for estimation.

Table 4 Active persons aged 15 years and over classified by the main sport or physical exercise in which they participated in the previous 12 months, June-August 2006

'000

	Main sport or physical exercise							
	All active persons	Walking	Aerobics and Keep fit	Swimming	Golf	Soccer ¹	Gaelic ² football	Cycling
State	2,135.8	840.2	276.7	171.4	161.8	152.1	121.7	86.4
Region								
Border	210.0	83.2	22.7	17.0	15.1	16.1	19.6	5.8
Midland	118.1	53.0	11.9	6.7	9.6	5.7	8.6	3.9
West	204.8	88.1	19.9	19.8	11.7	11.4	14.8	12.1
Dublin	640.6	219.9	101.3	48.7	55.7	61.2	19.0	30.0
Mid-East	243.3	89.4	27.4	21.1	24.9	15.6	19.4	9.3
Mid-West	179.8	76.7	19.8	16.8	10.7	9.3	10.5	7.3
South-East	228.0	89.2	44.3	18.6	14.7	13.3	9.6	5.7
South-West	311.2	140.5	29.3	22.8	19.5	19.5	20.1	12.3
Sex								
Male	1,034.0	235.9	98.8	59.5	130.8	144.4	102.1	58.8
Female	1,101.8	604.2	177.9	112.0	31.0	7.7	19.6	27.6
Age group								
15-24	461.6	73.0	73.5	37.2	10.7	69.1	74.8	14.7
25-34	490.4	141.9	86.4	46.1	19.0	55.8	29.5	22.8
35-44	406.7	168.4	58.4	41.3	32.9	19.1	11.2	19.1
45-54	336.2	176.7	34.8	24.4	40.8	6.7	4.0	14.3
55-64	242.9	147.5	15.5	13.8	33.5	*	1.8	7.8
65+	197.9	132.7	8.1	8.6	24.9	*	*	7.6
Participation type⁴								
Competitive including professional or semi-professional	329.9	4.9	13.3	6.6	67.9	56.5	75.9	5.4
Non-competitive	330.5	20.2	79.6	23.8	40.9	44.0	29.2	8.2
Informal ⁵	1,475.4	815.1	183.8	141.0	53.0	51.7	16.6	72.8
Highest education level attained								
Primary or below	309.7	171.7	18.9	15.6	14.6	14.5	15.7	11.7
Lower secondary	398.4	153.3	38.8	27.5	23.0	39.9	34.1	13.8
Higher secondary	560.8	207.9	79.6	44.2	46.6	47.4	37.0	19.5
Post leaving cert	192.5	80.4	25.0	17.2	13.9	11.6	9.3	6.1
Third level non degree	218.8	82.8	35.9	22.8	18.0	10.6	8.4	9.1
Third level degree or above	426.3	133.8	74.8	40.2	44.5	25.0	16.4	24.4
Other	29.2	10.2	3.8	3.8	*	3.2	*	1.7
Principal Economic Status								
At work	1,317.7	457.5	197.6	112.2	115.1	104.4	71.8	57.8
Unemployed	67.4	24.9	6.9	5.1	2.6	8.8	3.1	3.3
Student	269.6	37.1	34.8	23.3	6.7	35.9	44.5	11.4
Home duties	287.3	204.4	27.1	19.9	10.9	*	*	6.0
Retired	151.3	92.7	6.6	6.6	25.0	*	*	6.0
Others	42.5	23.6	3.6	4.3	*	1.7	*	1.9

¹ Includes 'Five-a-side soccer'.

² Includes 'Ladies football'.

³ Includes 'Jogging' and 'Cross-country'.

⁴ See Background Notes.

⁵ Includes 'Don't know' and 'Not stated'.

* Sample occurrence too small for estimation.

Table 4 (cont'd.) Active persons aged 15 years and over classified by the main sport or physical exercise in which they participated in the previous 12 months, June-August 2006

'000

Main sport or physical exercise							All active persons	
Athletics ³	Hurling and Camogie	Basketball	Fishing	Tennis	Other			
41.7	41.6	32.4	24.5	20.9	164.4	2,135.8	State	
							Region	
2.9	*	4.3	3.5	*	17.7	210.0	Border	
*	4.5	3.3	2.6	*	6.2	118.1	Midland	
2.5	5.5	4.0	2.0	*	12.3	204.8	West	
19.0	4.1	8.4	4.8	10.0	58.5	640.6	Dublin	
7.0	2.6	3.7	2.5	2.4	17.9	243.3	Mid-East	
2.7	8.3	2.4	3.3	*	11.2	179.8	Mid-West	
2.8	10.1	2.2	2.8	*	13.5	228.0	South-East	
3.4	5.9	4.2	3.1	3.6	27.1	311.2	South-West	
							Sex	
25.8	30.9	12.9	23.9	8.6	101.6	1,034.0	Male	
15.9	10.7	19.5	*	12.3	62.8	1,101.8	Female	
							Age group	
7.6	25.0	23.9	3.6	3.7	44.8	461.6	15-24	
16.8	10.7	5.6	4.7	3.7	47.4	490.4	25-34	
11.0	3.7	1.8	6.2	5.2	28.3	406.7	35-44	
4.1	1.8	*	4.8	5.1	18.0	336.2	45-54	
1.8	*	*	3.0	2.0	14.1	242.9	55-64	
*	*	*	2.2	*	11.8	197.9	65+	
							Participation type⁴	
5.4	27.1	11.8	2.4	7.3	44.8	329.9	Competitive including professional or semi-professional	
6.4	10.5	11.8	2.4	6.8	46.7	330.5	Non-competitive	
29.8	4.1	8.8	19.8	6.7	72.9	1,475.4	Informal ⁵	
							Highest education level attained	
2.4	4.8	9.6	4.9	*	23.9	309.7	Primary or below	
5.1	11.3	10.2	6.2	2.3	33.0	398.4	Lower secondary	
9.1	14.0	6.3	5.6	5.0	38.6	560.8	Higher secondary	
3.2	3.8	*	2.1	2.0	16.3	192.5	Post leaving cert	
5.3	3.0	*	2.5	2.4	17.0	218.8	Third level non degree	
15.8	4.5	3.2	2.7	7.9	33.3	426.3	Third level degree or above	
*	*	*	*	*	2.4	29.2	Other	
							Principal Economic Status	
32.8	23.6	9.2	16.9	13.1	105.6	1,317.7	At work	
2.0	*	*	2.1	*	6.5	67.4	Unemployed	
4.2	16.3	21.4	*	3.9	28.8	269.6	Student	
1.8	*	*	*	2.4	11.1	287.3	Home duties	
*	*	*	2.7	*	9.1	151.3	Retired	
*	*	*	*	*	3.3	42.5	Others	

¹ Includes 'Five-a-side soccer'.

² Includes 'Ladies football'.

³ Includes 'Jogging' and 'Cross-country'.

⁴ See Background Notes.

⁵ Includes 'Don't know' and 'Not stated'.

* Sample occurrence too small for estimation.

Table 5a Active Persons aged 15 years and over participating in any sport or physical exercise classified by the intensity, frequency and session duration in the previous 4 weeks, June-August 2006

'000

	All Active persons	Participation by intensity					Participation by frequency per week				Participation by session duration		
		Extremely hard effort	Hard effort	Moderate effort	Light effort	No effort ¹	5 or more	3 to 4	1 to 2	Less than once ¹	60 minutes or more	30 to 60 minutes	Less than 30 minutes ¹
State	2,135.8	44.6	394.9	881.5	517.5	297.3	483.6	698.2	754.9	199.1	981.9	909.8	244.2
Sex													
Male	1,034.0	34.6	251.7	396.4	205.4	145.9	189.3	321.8	417.1	105.8	629.9	316.2	87.9
Female	1,101.8	10.0	143.2	485.0	312.1	151.4	294.4	376.4	337.8	93.2	351.9	593.6	156.2
Age group													
15-24	461.6	17.7	143.8	168.0	65.9	66.2	77.5	170.1	171.1	42.9	271.8	154.7	35.1
25-34	490.4	12.9	119.1	198.0	96.2	64.1	79.7	167.2	196.8	46.7	243.3	200.8	46.3
35-44	406.7	8.1	66.4	176.9	100.9	54.4	84.8	127.1	148.4	46.5	168.5	191.5	46.8
45-54	336.2	3.5	38.3	156.4	93.7	44.3	83.3	111.0	113.1	28.8	137.3	160.5	38.4
55-64	242.9	1.9	18.7	108.6	78.7	35.0	78.8	70.0	75.5	18.6	96.5	115.1	31.2
65+	197.9	0.5	8.6	73.6	82.1	33.2	79.6	52.7	50.0	15.6	64.4	87.1	46.4

¹ Includes 'Don't know and 'Not stated'.

Table 5b Active Persons aged 15 years and over participating in any sport or physical exercise with session length 30 minutes or more classified by the intensity and frequency in the previous 4 weeks, June-August 2006

'000

Frequency per week	Intensity of any sport or physical exercise with session length 30 minutes or more					Total
	Extremely hard effort	Hard effort	Moderate effort	Light effort	No effort ¹	
Male						
5+	8.1	35.6	67.4	36.3	19.8	167.2
3-4	14.1	99.2	120.8	49.5	25.6	309.3
1-2	10.9	103.1	165.2	75.5	44.2	399.0
Less than once ¹	*	10.6	23.4	20.9	14.3	70.6
Total males	34.6	248.6	376.8	182.2	103.9	946.1
Female						
5+	2.5	33.1	115.3	68.3	31.6	250.9
3-4	3.7	58.1	169.4	85.9	26.6	343.7
1-2	2.8	41.7	147.5	84.1	27.3	303.3
Less than once ¹	*	4.4	18.9	16.4	7.4	47.7
Total females	9.5	137.2	451.1	254.8	92.9	945.5
All persons						
5+	10.6	68.7	182.7	104.6	51.4	418.0
3-4	17.8	157.3	290.3	135.4	52.2	653.0
1-2	13.7	144.8	312.7	159.6	71.5	702.3
Less than once ¹	2.0	15.0	42.3	37.3	21.7	118.3
Total persons	44.0	385.8	827.9	437.0	196.8	1,891.6

¹ Includes 'Don't know and 'Not stated'.

* Sample occurrence too small for estimation.

Table 6 Active persons aged 15 years and over classified by motivation to participate in sport or physical exercise in the previous 12 months, June-August 2006

'000

	All active persons	Main motivation to participate in sport or physical exercise				
		Improving health	Improving performance	Participation in competitions	Social element	Other ¹
State	2,135.8	1,251.5	97.6	226.4	441.9	118.4
Region						
Border	210.0	105.1	9.6	25.1	54.0	16.2
Midland	118.1	63.3	7.0	14.6	24.4	8.9
West	204.8	125.5	8.7	15.4	42.0	13.2
Dublin	640.6	372.1	33.0	57.3	139.4	38.8
Mid-East	243.3	135.3	17.3	34.4	46.1	10.1
Mid-West	179.8	112.9	5.2	18.0	36.9	6.9
South-East	228.0	137.7	5.9	29.3	42.3	12.8
South-West	311.2	199.6	11.0	32.2	56.7	11.7
Urban or rural location						
Urban areas	1,342.8	798.2	68.6	125.4	275.0	75.6
Rural areas	793.0	453.3	29.0	101.0	166.9	42.8
Sex						
Male	1,034.0	459.5	61.7	175.4	282.5	55.0
Female	1,101.8	792.0	35.9	51.0	159.4	63.4
Age group						
15-24	461.6	155.5	42.6	125.2	114.3	24.0
25-34	490.4	286.3	24.2	50.1	103.7	26.2
35-44	406.7	271.1	13.5	21.3	77.4	23.4
45-54	336.2	232.4	10.2	15.9	59.8	17.9
55-64	242.9	166.6	5.1	9.3	46.4	15.5
65+	197.9	139.7	2.0	4.6	40.4	11.3
Marital status						
Single	940.5	439.0	65.8	167.7	212.5	55.5
Married	1,049.8	708.6	29.7	56.1	204.5	50.9
Separated or divorced	72.2	51.4	*	1.9	10.7	6.8
Widowed	73.2	52.4	*	*	14.2	5.2
Health status						
Excellent	761.9	387.5	49.2	126.2	160.3	38.7
Very good	838.0	499.1	37.5	79.3	178.1	44.0
Good	436.4	292.3	8.5	19.2	87.7	28.8
Fair	90.1	66.1	2.1	*	14.5	6.1
Poor ¹	9.4	6.5	*	*	*	*
Disability						
Yes	180.5	130.2	5.0	5.5	28.2	11.6
No ¹	1,955.2	1,121.3	92.6	220.9	413.6	106.8
Participation type²						
Competitive including professional or semi-professional	329.3	38.3	25.8	164.4	95.4	5.4
Non-competitive	330.5	138.5	34.1	48.0	98.0	12.0
Informal ¹	1,476.0	1,074.7	37.7	14.0	248.5	101.0

¹ Includes 'Don't know' and 'Not stated'.

² See Background Notes.

* Sample occurrence too small for estimation.

Table 7 Active persons aged 15 years and over classified by where they participated in their main sport or physical exercise most often in the previous 12 months, June-August 2006

'000

	Where they participated in their main sport or physical exercise							
	All active persons	Gym ¹	Sports club ²	School, college or university	Community hall	Public swimming pool	Public places	Other ³
State	2,135.8	316.0	514.7	48.6	27.9	91.8	1,008.5	128.2
Region								
Border	210.0	27.3	54.0	6.3	4.1	9.9	97.5	10.8
Midland	118.1	11.4	30.9	2.3	*	4.8	59.6	8.1
West	204.8	24.3	42.3	5.0	2.8	12.2	109.0	9.1
Dublin	640.6	115.0	147.2	17.4	10.3	26.3	285.2	38.9
Mid-East	243.3	35.8	70.2	3.9	2.8	9.9	107.5	13.0
Mid-West	179.8	26.4	41.2	6.4	*	8.7	84.8	11.4
South-East	228.0	33.0	55.1	3.2	2.4	7.6	113.6	13.0
South-West	311.2	42.8	73.9	4.2	3.5	12.5	151.4	22.8
Urban or rural location								
Urban areas	1,342.8	229.2	312.7	32.2	17.7	59.2	612.0	79.6
Rural areas	793.0	86.7	202.1	16.4	10.1	32.6	396.5	48.6
Sex								
Male	1,034.0	125.3	408.2	23.5	10.7	31.8	359.8	74.5
Female	1,101.8	190.7	106.6	25.1	17.2	60.1	648.7	52.6
Age group								
15-24	461.6	79.1	179.7	40.1	5.6	22.2	115.3	19.6
25-34	490.4	105.7	118.0	3.9	6.7	25.3	197.3	33.5
35-44	406.7	69.0	78.6	2.4	6.0	20.8	205.2	24.7
45-54	336.2	37.9	63.4	*	4.0	12.7	197.1	19.8
55-64	242.9	18.1	44.6	*	2.0	6.0	156.8	15.1
65+	197.9	6.0	30.5	*	3.6	4.8	136.8	15.6
Marital status								
Single	940.5	175.8	285.7	43.9	11.7	45.2	322.4	55.8
Married	1,049.8	125.7	216.3	4.3	13.4	40.8	586.3	62.9
Separated or divorced	72.2	10.1	6.6	*	*	3.5	46.0	4.7
Widowed	73.2	4.3	6.1	*	1.9	2.4	53.7	4.8
Disability								
Yes	180.5	19.3	20.5	2.0	2.9	8.4	112.6	14.8
No ³	1,955.2	296.6	494.3	46.6	25.0	83.5	895.9	113.4
Participation type⁴								
Competitive including professional or semi-professional	329.3	16.0	256.9	15.8	5.6	2.2	15.1	17.7
Non-competitive	330.5	89.8	143.5	22.5	14.1	10.9	31.0	18.8
Informal ³	1,476.0	210.1	114.4	10.4	8.2	78.7	962.4	91.7

¹ Includes fitness, leisure and sports centres.

² Includes golf and G.A.A. clubs.

³ Includes 'Don't know' and 'Not stated'.

⁴ See Background Notes.

* Sample occurrence too small for estimation.

Background Notes

Reference period	The questions on sport and physical exercise were included in the Quarterly National Household Survey (QNHS) in the three months from June to August 2006.
Purpose of survey	While the primary purpose of the QNHS is to collect information on employment and unemployment, it also includes modules on social topics of interest.
Questionnaire	The sport and physical exercise module was asked of all persons aged 15 years and over across four waves of the QNHS sample. The results in this release are based on the sport and physical exercise questionnaire, a copy of which is available on the CSO website www.cso.ie (additional web tables will be available at a later date).
Grossing effect	<p>The QNHS grossing procedure aligns the distribution of persons covered in the survey with independently determined population estimates at the level of sex, five-year age group and region.</p> <p>Given the sport and physical exercise individual questions were asked to a sub-sample of the overall QNHS sample, the grossing factors applied in the derivation of the sport and physical exercise differ from those that were used in the preparation of the main QNHS estimates, and hence the overall populations do not necessarily match those presented in the main QNHS release.</p>
Physical exercise and sport	This module only measured physical activity for the purpose of taking exercise, recreational pursuits or sports involvement. A twelve month measure was used and each activity was self-selected by respondents.
Participation type	Type of participation was only asked in respect of the main sport or physical exercise of respondents.
Intensity of participation	<p>This module divided intensity of effort, when participating in physical exercise or sport (in a four week period), into five categories as follows:</p> <ul style="list-style-type: none"> • No effort (<i>no increase in breathing rate</i>) • Light effort (<i>mild increase in breathing rate</i>) • Moderate effort (<i>noticeable increase in breathing rate</i>) • Hard effort (<i>heavy breathing, difficulty talking in full sentences</i>) • Extremely hard effort (<i>gasping for breath, unable to talk at all</i>).
Principal Economic Status Classification	<p>The PES classification is based on a single question in which respondents are asked what is their usual situation with regard to employment and their responses are categorised as follows:</p> <ul style="list-style-type: none"> • At work • Unemployed • Student • Engaged on home duties • Retired • Other
Health	Health status was based on a self-perception question in the module.
Disability	<p>A disability or longstanding health problem refers to any of the following conditions (long lasting here relates to conditions affecting someone for at least 6 months or one which is likely to affect someone for at least 6 months):</p> <ul style="list-style-type: none"> • Blindness, deafness or a severe vision or hearing impairment • A condition that substantially limits one or more basic physical activities such as walking, climbing stairs, reaching, lifting or carrying • A learning or intellectual disability • A psychological or emotional condition • Other, including any chronic illness.

Urban or rural location The country is divided up into 8 strata based on population density. These areas are further classified into urban and rural areas as follows:

Urban

- Cities
- Suburbs of cities
- Mixed urban or rural areas bordering on the suburbs of cities
- Towns and their environs with populations of 5,000 or over (large urban)
- Mixed urban or rural areas bordering on the environs of larger towns
- Towns and their environs with a population of 1,000 to 5,000 (other urban)

Rural

- Mixed urban or rural areas
- Rural areas

Regions The regional classifications in this release are based on the NUTS (Nomenclature of Territorial Units) classification used by Eurostat. The NUTS3 regions correspond to the eight Regional Authorities established under the Local Government Act, 1991 (Regional Authorities) (Establishment) Order, 1993, which came into operation on 1 January 1994. The NUTS2 regions, which were proposed by Government and agreed by Eurostat in 1999, are groupings of the NUTS3 regions. The composition of the regions is set out below.

Border, Midlands and Western NUTS2 Region		Southern and Eastern NUTS2 Region	
Border	Cavan Donegal Leitrim Louth Monaghan Sligo	Dublin	Dublin Dun Laoghaire-Rathdown Fingal South Dublin
Midland	Laoighis Longford Offaly Westmeath	Mid-East	Kildare Meath Wicklow
West	Galway City Galway County Mayo Roscommon	Mid-West	Clare Limerick City Limerick County North Tipperary
		South-East	Carlow Kilkenny South Tipperary Waterford City Waterford County Wexford
			South-West Cork City Cork County Kerry

QNHS Social Modules

While the main purpose of the QNHS is the production of quarterly labour force estimates, there is also a provision for the collection of data on social topics through the inclusion of special survey modules. The selection of the major national modules undertaken to date has been largely based on the results of a canvass of users (over 100 organisations) that was conducted by the CSO in 1996 and most recently 2002. The results of the canvas are presented to the National Statistics Board and they are asked to indicate their priorities for the years ahead.

The schedule for social modules in any given year is based on the following structure:

- Quarter 1** Annual modules update (Disability, Pensions, Childcare, Accidents and Illness), Information, Communication and Technology (ICT) Survey
Quarter 2 EU module (always covered under EU legislation)
Quarter 3 National module
Quarter 4 National module

The table below outlines the social modules published to date in the QNHS

Reference Quarter	Social Module
Q4 2006	Crime and victimisation
Q3 2006	Sport and physical exercise
Q4 2005	Pension Provision
Q4 2005	Special Saving Incentive Accounts (SSIAs)
Q3 2005	Recycling and energy conservation
Q3 2005	ICT household survey
Q2 2005	Educational attainment
Q1 2005	Childcare
Q4 2004	Equality
Q3 2004	ICT household survey
Q2 2004	Union Membership
Q2 2004	Work organisation and working time
Q4 2003	Crime and victimisation
Q3 2003	Housing
Q3 2003	ICT household survey
Q2 2003	Life long learning
Q4 2002	Childcare
Q3 2002	Teleworking
Q3 2002	Voter registration and participation
Q2 2002	Disability in the labour force (Annual update Q1 2004)
Q1 2002	Pension provision (Annual update Q1 2004 and Q1 2005)
Q3 2001	Health
Q2 2001	Length and pattern of working time
Q4 2000	Home computing
Q2 2000	Transition from school to working life
Q1 2000	Travel to work
Q1 1999	Recycling and energy conservation
Q4 1998	Crime and victimisation
Q3 1998	Home computing
Q3 1998	Housing and households

Social modules yet to be published:

Reference Quarter	Social Module
Q1 2005	Annual update module
Q2 2005	Reconciliation between work and family life
Q1 2006	Annual update module
Q1 2006	ICT household survey
Q2 2006	Transition from work into retirement
Q3 2006	Social capital